



Number nine

How to reduce your risk
of coronavirus

April/May

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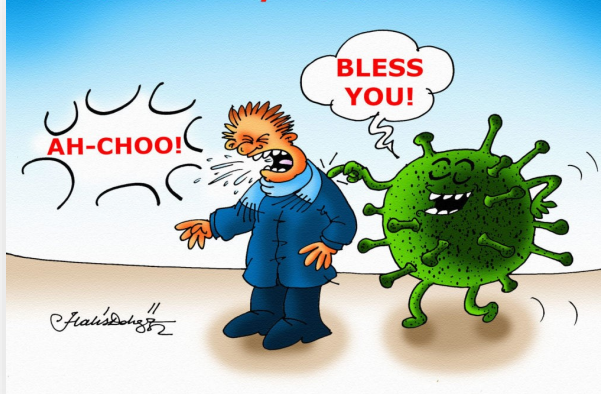
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Making our voices heard

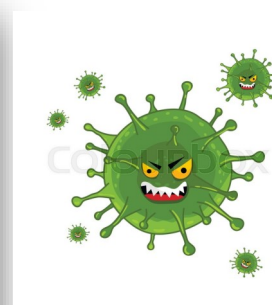
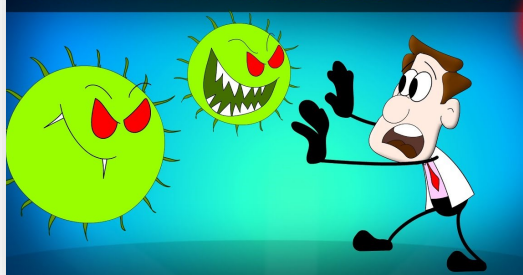
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Word search; spot the difference

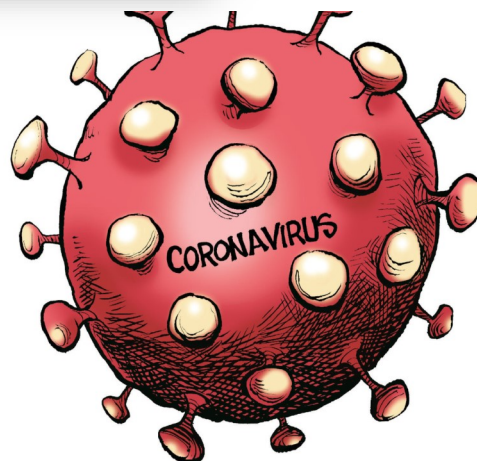
Coronavirus Everywhere...



What is a Coronavirus?



The Coronavirus App



A magazine created by students for students...

Corona Virus Pandemic



How to reduce your risk of coronavirus

The WHO recommends a range of measures to protect yourself from contracting the disease, based on good hand hygiene and good respiratory hygiene -- in much the same way you'd reduce the risk of contracting the flu. The novel coronavirus does spread and infect humans slightly differently to the flu, but because it predominantly affects the respiratory tract, the protection measures are similar.

What can I do to protect myself from #coronavirus?

Reduce your risk of coronavirus infection:



Clean hands with soap and water or alcohol-based hand rub

Cover nose and mouth when coughing and sneezing with tissue or flexed elbow



Avoid close contact with anyone with cold or flu-like symptoms

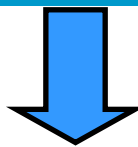
Thoroughly cook meat and eggs



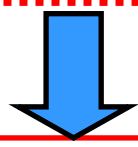
Avoid unprotected contact with live wild or farm animals



World Health Organization



As the CDC and WHO continue to suggest, washing your hands with soap and water for around 20 seconds is one of the best ways to protect yourself from getting sick right now. You should also avoid touching your face if you can, as the virus can be transferred into the body if you've been in contact with someone who's infected.



You may also be considering buying a face mask to protect yourself from contracting the virus. You're not alone -- stocks of face masks have been selling out across the world, with Amazon and Walmart.com experiencing shortages.

Corona Virus Pandemic



How long can the coronavirus survive on surfaces?

According to an article published on Feb. 6 in The Journal of Hospital Infection, which looked at a host of previous studies (22 in total) and [found coronaviruses may persist on surfaces for up to nine days.](#)

[A study in the New England Journal of Medicine on March 17](#) took a deeper look at how stable the SARS-CoV-2 virus is in the air and on surfaces. There's a chance the virus survives [on cardboard for up to 24 hours, while on copper surfaces it seems to only survive for around 4 hours. On plastic and steel, it might survive up to three days.](#)

What are the symptoms?

The new coronavirus causes symptoms similar to those of previously identified disease-causing coronaviruses. In currently identified patients, there seems to be a spectrum of illness: A

large number experience mild pneumonia-like symptoms, while others have a much more severe response.

On Jan. 24, the prestigious medical journal The Lancet published an extensive analysis of the clinical features of the disease.

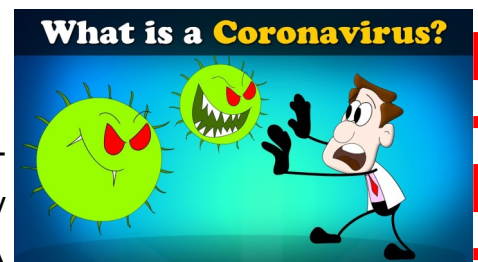
[According to the report, patients present with this symptoms:](#)

- Fever, elevated body temperature
- Dry cough
- Fatigue or muscle pain
- Breathing difficulties

[Less common symptoms include these:](#)

- Coughing up mucus or blood
- Headaches
- Diarrhea
- Kidney failure

As the disease progresses, patients also develop pneumonia, which inflames the lungs and causes them to fill with fluid. This can be detected by an X-ray.



The UK's Lockdown



The world's coronavirus lockdowns are being eased – and the UK is no exception. Six months after Covid-19 first appeared in Wuhan, China, much of the world is returning to some sort of normality.

Despite lockdown rules being rewritten, the threat of Covid-19 is still very real. As of June 1 Public Health England data shows there have been 276,332 confirmed cases of coronavirus in the UK and 39,045 associated deaths.

When did the UK lockdown start?

Prime minister Boris Johnson announced the UK lockdown on March 23. The measures introduced were some of the most draconian the UK has ever faced and resulted in a huge shift in how people behave.

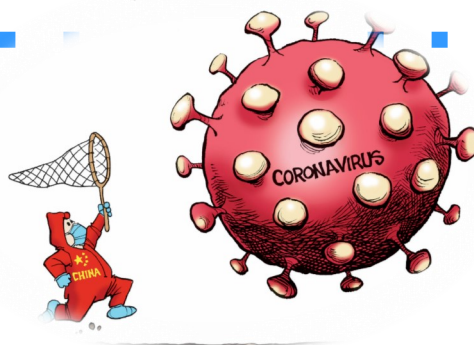
The initial lockdown rules were enacted by new legislation that gave the government powers to impose upon people's freedoms. At the start, lockdown rules said people could only go outside for four reasons (food shopping, exercising alone, medical issues, and providing care and could not meet with other people. People who were vulnerable were asked to shelter for 12 weeks.

When can shops, pubs, gyms and hairdressers reopen and go back to work?

On May 25 Johnson announced that non-essential retailers could start opening their doors to customers from June 15. These include shops selling electronics, clothes, toys, furniture, books and more. In addition tailors, auction houses, photography studios and open.

When can we travel again?

From June 8, the UK is set to introduce further lockdown measures around international travel. People arriving in the UK will be required to self-quarantine for 14 days after their arrival. When they land in the country the Home Office has said they will have to provide details about where they are staying for the duration of their trip and may also face spot checks to ensure they are in these locations. People arriving will be asked to fill in a "contact locator form" that includes all details of onwards travel. If this isn't filled in then a £100 fine could be issued. Failure to quarantine may result in £1,000 fines.



Festivals and Celebrations

Easter in lockdown: Feasting in the time of coronavirus

What happens on Easter Sunday this year?

Lockdown has separated families and friends across Europe, with millions of us unable to break bread together as Lent ends and a weekend of feasting takes place.

'Coronavirus will not overcome us', says Queen in first Easter message – video.

The Queen has sought to reassure the nation that “coronavirus will not overcome us” in her first Easter audio message.

The monarch, who is supreme governor of the Church of England, acknowledged this Easter would be different but said “by keeping apart we keep others safe”. She said “Easter is not cancelled” and the “new hope and fresh purpose” of the festival was needed more than ever.



This year Archbishop of Canterbury Justin Welby gave his sermon from his kitchen after recording it on his iPad

Parks were opened but visitors were being asked to observe social-distancing measures



Special News

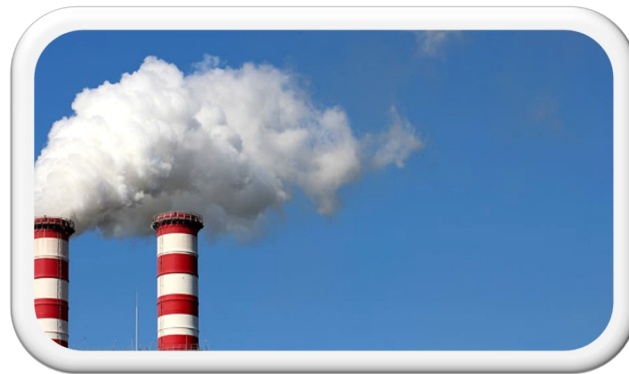
5G and Coronavirus

Conspiracy theories linking COVID-19 to the rollout of 5G technology continue to spread globally. This is happening despite health officials declaring directly that these conspiracy theories are not true.

Countries around the world are competing to develop 5G wireless technology, and the timing of this and the outbreak of the coronavirus has supported false claims about the connection between 5G and the coronavirus.

One is the false claim that 5G radio waves cause COVID-19 and suppress the immune system. The other is the falsehood that the outbreak is a hoax that government and media companies are using to make people stay at home so that 5G networks can be built.

Social media help spread misinformation about the coronavirus. People are advised to think critically about the information that they see and hear before they share it with others.



Cleaner Air

Scientists have recorded drops in air pollution and increased animal activity caused by the coronavirus pandemic.

Satellite images show lower levels of nitrogen dioxide, the gas produced by burning fossil fuels for human transportation and animal production. According to NASA, the levels of nitrogen dioxide recorded in the region between Washington and Boston are about 30% lower than average. Across the Atlantic, the European Space Agency has recorded a 45% decline of the gas in Madrid, Milan, and Rome, and a 54% decline in Paris.

Animals are taking advantage of the limited human activity, and they have started roaming empty streets and waterways. Kangaroos have been spotted in city streets in Australia, and herds of goats have been seen at crosswalks in Wales.

Scientists say that more data needs to be collected to see the full impact that the recent decline in human activity will have on the planet.

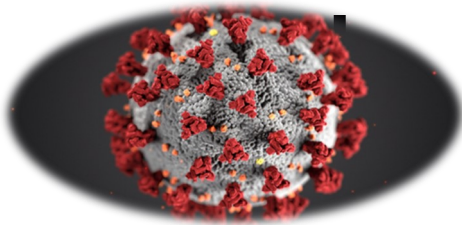
Special News

Coronavirus in Europe

After implementing some of the most severe coronavirus lockdowns, some European nations are now planning to loosen those restrictions.

Italy, France, and Spain hope that the worst of COVID-19 is behind them, and they are all planning to gradually ease confinement measures.

Italy will reopen manufacturing on May 4, while Spain will allow outdoor family activities and exercise around the same time. While Italy has already said that schools will remain closed until September, children in France will return to classrooms on May 11. In Spain, children flooded into the streets on Sunday, after staying in their homes for the past six weeks. Only parents had been allowed out of the house; however, they were restricted to essential trips.



Coronavirus and Vaccine

Scientists at the University of Oxford, UK, say that a possible vaccine for COVID-19 could be ready in September, which is months earlier than was originally planned.

Researchers are hoping to get emergency approval from regulators, which would allow them to make millions of vaccines by the fall.

Oxford vaccines, that were effective over the last year, involved trials on macaque monkeys. Oxford scientists hope to conduct thousands of clinical trials in the coming weeks; however, scientists are not sure that humans have the same immunity as monkeys.

Sometimes it takes years to develop a vaccine and to make it available for patients. In case of a vaccine for COVID-19, health officials have suggested that it could take be-



Home School Tips

As schools around the world are closed, millions of parents now find themselves playing the role of a substitute teacher.

For some parents, it may be hard to accept that their children are not at the same pace as they were before the coronavirus pandemic. Experts say that it is important to accept that a student is never truly falling behind and that he is just moving at his own pace. Parents are advised to give their children a bit of grace.

It is not necessary to sit down and do some math problems; instead, parents can make learning more enjoyable. For example, they can practice conversions while baking or talking about area and perimeter of their dining table or their bedroom.

Constant communication with the teacher is essential too, and now, it is even more essential than before.



Special News



The Coronavirus App

- Apple and Google have developed a COVID-19 tracing software that would alert people who have been in contact with the coronavirus. However, the companies will ban the use of location tracking in apps that use the software.
- The companies said that the data would be collected using Bluetooth every 10 – 15 minutes, so it can avoid GPS tracking. Around the world, the software will only be available for one official app per country. In the US, local governments can decide how they would like to use it.
- Privacy advocates previously raised concerns about the feature possibly revealing the identities of infected people. This could possibly lead to false self-diagnoses.
- On Monday, Apple and Google announced that the software can be used in both iOS and Android phones.

Coronavirus and Restaurants

Restaurants across the US are starting to reopen; however, guidelines vary from state to state.

Common rules include reductions in capacity, keeping tables six feet apart, limiting the number of people per group, and requiring people to wear masks or face coverings.

Georgia was one of the first states to allow restaurants to reopen. However, many owners chose not to reopen, because the reduced capacity rules made it nearly impossible to make money.

In Ohio, restaurants are allowed to open their outdoor dining spaces first with indoor following later. One owner installed shower curtains between tables to help maximize the number of people who could sit at once. Plexiglas was too expensive and difficult to install.

Choosing to reopen comes with its own risks. Diners must not hug the staff, and the staff need to make sure that diners are washing their hands.





This month is all about making teens' voices heard. They wrote about a book /film review and a newspaper article. Send in your ideas and opinions and you might appear in the next month's magazine. Thank you!!!

Online Book Review



The Big Short: Inside the Doomsday Machine

Recently I've read *The Big Short: Inside the Doomsday Machine* which is a non-fiction book by author Michael Lewis about the build-up of the United States housing bubble during the 2000s. The book was released on March 15, 2010 and fits on the finance, economics and business genre. It spent 28 weeks on The New York Times best-seller list and was the basis for the 2015 film of the same name.

The Big Short describes several of the main players in the creation of the credit default swap market that sought to bet against the collateralized debt obligation (CDO) bubble and thus ended up profiting from the financial crisis of 2007–08. The book also highlights the eccentric nature of the type of person who bets against the market or goes against the grain.

The work follows people who believed the bubble was going to burst, like Meredith Whitney, who predicted the demise of Citigroup and Bear Stearns, Steve Eisman, an outspoken hedge fund manager, Greg Lippmann, a Deutsche Bank trader, Eugene Xu, a quantitative analyst who created the first CDO market by matching buyers and sellers; the founders of Cornwall Capital, who started a hedge fund in their garage with \$110,000 and built it into \$120 million when the market crashed, and Michael Burry, an ex-neurologist who created Scion Capital.

The book also highlights some people involved in the biggest losses created by the market crash: like Merrill's \$300 million mezzanine CDO manager Wing Chau, Howie Hubler, known as the person who lost \$9 billion in one trade, the second largest single loss in history, and Joseph Cassano's AIG Financial Products, which suffered over \$99 billion in losses.



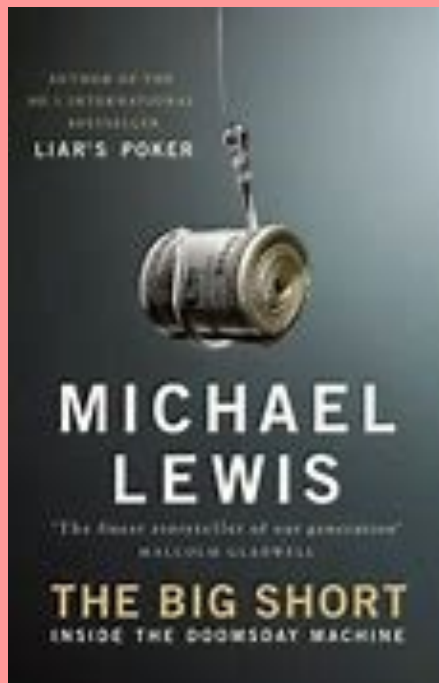
Online Book Review



The Big Short: Inside the Doomsday Machine

I really enjoyed reading and watching both the book and the film. It is a very interesting and eye-opening book that is not just a talk about economics that people find boring. It is more of a personality faced story, that relies on real events. I think the book is appropriate for almost every age, if you are intelligent and mature enough to understand it, of course. I recommend it!

M.O. 9º A





A Newspaper Article



School during quarantine

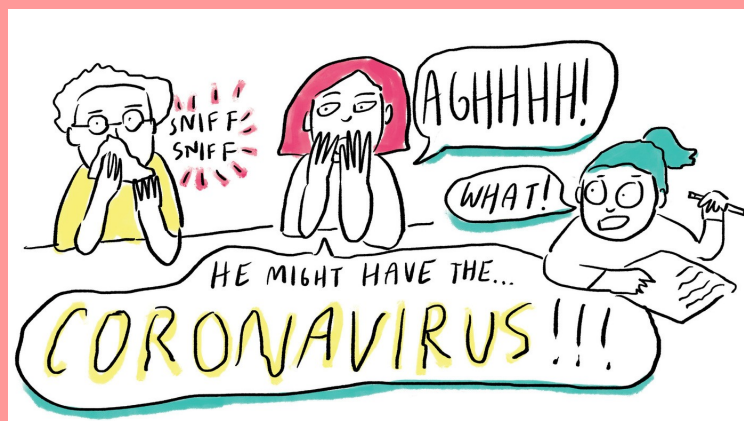
Students and teachers have classes through internet in most of the countries since April because of the corona virus quarantine.

Having school through internet is the best, most responsible and correct choice due to the high risk of spreading of the corona virus.

The corona virus is high contagious and because of that we should be the most far away from people as possible.

The conclusion is that students should have school via internet until the situation calms down and the contagious risks became lower.

A. F. 10°SE2





A Newspaper Article



Kid's Choice Awards

The first Nickelodeon Kid's Choice Awards at home due to Covid-19

In this hard time, with all the people around the world in home due to Covid-19, the television, literature and every type of art are being the salvation for many people not to go crazy. However, many programs, awards and shows had to be cancelled because people can't get out of house and risk their lives just to film or work on a program. So, because of that the channels had to find a solution, and many things that are supposed to be recording alive, are being made at home.

One example of that is The Kid's Choice Awards produced by Nickelodeon that would take place on March 22 in Los Angeles. However, everyone that was supposed to go and to work on them, found a solution. The Awards, for the first time on the history of the channel will be done at home. Now, the awards will air on May 2, at 8 p.m. on Nickelodeon channel.

In the awards, will be present singers like Camilla Cabello, Ariana Grande, Shawn Mendes and Jojo Siwa, bands like BTS, actors like Dove Cameron, Millie Bobby Brown, Kristen Bell, Tom Holland and Josh Gad, presenters like Elle DeGeneres and even rappers like Lil Nas X. Other personalities will still be confirmed.

The event will also count with an appearance from cast members of The Avengers: Endgame and was confirmed that Lebron James will receive the 2020 Generation Change Award, honouring his passions for help others and make changes in the world through his charity The LeBron James Family Foundation and other program.



A Newspaper Article



Kid's Choice Awards

The first Nickelodeon Kid's Choice Awards at home due to Covid-19

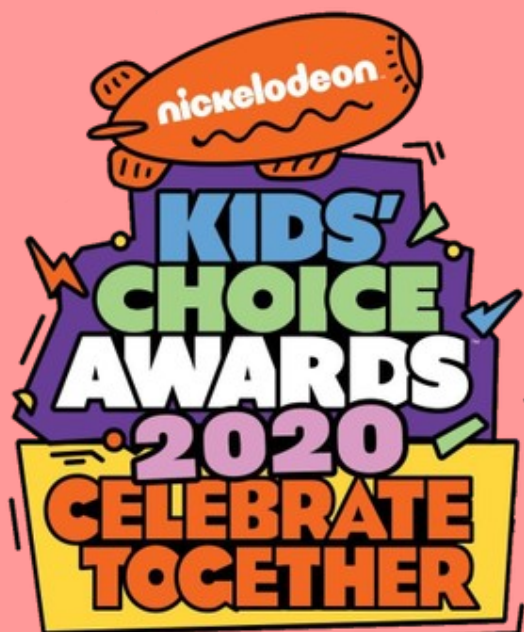
The Awards will be hosted by Victoria Justice and the awards entitled "Celebrate Together" pretend to contribute with the campaign "No Kid Hungry" of the ONG *Share Our Strength*, which works for help kids and families in need in very countries around the world.

Even with all of the controversies, the people are working hard to entertain all of us that are in quarantine and make original content to us , it is just amazing and beautiful.

Well, this is the end. I will, of course, in May 2nd be watching the Awards, because I think they will be very amazing and fun, and I think they will be a success. After all, with so many good

artists participating, what can be wrong?

M. R.10°LH3





SUMMER WORD SEARCH

S	B	W	K	I	S	U	N	W	M	K	W	V
Y	E	K	Q	H	X	A	E	S	K	O	V	P
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WORD BANK:

BBQ
BEACH
CAMPING
FUN

HOT
ICE CREAM
JUMP
KITE
PICNIC

PLAY
POOL
POPSICLE
SAND
SUMMER

SUN
SUNGLASSES
SWIM
SWING
VACATION

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Summer Vacation



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BEACH
 BEACHCHAIR
 CAMPING
 DOLPHINS
 FERRY
 FLIPFLOPS
 FUN
 GOODWEATHER
 HOLIDAY
 ICECREAM
 ISLAND
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